

**FUTURE Study** - Female Urgency, Trial of Urodynamics as Routine Evaluation; a superiority randomised clinical trial to evaluate the effectiveness and cost effectiveness of invasive urodynamic investigations in management of women with refractory overactive bladder symptoms

Dear Friends and Colleagues,

The role of invasive Urodynamics in the assessment of women with refractory OAB symptoms is currently unclear as there is a lack of adequate evidence-base relating to this. In an attempt to answer this important question we designed the FUTURE Randomised controlled trial, to evaluate the clinical and cost effectiveness of invasive Urodynamics over and above comprehensive clinical (non-invasive) assessment.

The FUTURE study has been extensively peer reviewed by expert colleagues and received funding from NIHR – HTA (Portfolio Study) with start date 1<sup>st</sup> May 2017.

**A brief summary:** participants will be randomised to either “Comprehensive Clinical assessment only (non-invasive)” vs “Comprehensive Clinical assessment *and* Urodynamics” at 1:1 ratio. Participants in both study arms will then receive the standard treatment that you would be normally offering within in your local practice and as per the NICE guidelines. The study assessments will take place at 6 and 15 months post-randomisation to assess whether participants within the strategy of receiving Urodynamics report superior outcomes and whether Urodynamics is cost-effective. Assessments will be done centrally via the trial office in Aberdeen using symptom severity and QoL questionnaires and bladder Diaries. Obviously more details are available for interested colleagues.

**We would be delighted and honoured if you would become a principal investigator for the FUTURE RCT** (or joint PI with urology/ urogynaecology colleague). This is an important study with large sample size and we rely on the excellent contribution from all our colleagues.

If you are keen to join please let us know as soon as practical (reply to [m.abdelfattah@abdn.ac.uk](mailto:m.abdelfattah@abdn.ac.uk); [a.mostafa@abdn.ac.uk](mailto:a.mostafa@abdn.ac.uk) ) and complete this short survey (2-3 min) <https://www.surveymonkey.co.uk/r/TK9PWQF>

If you have already registered your interest with one of the members of the study team – please stay in touch with them. We look forward for working with you on this project and are happy to answer any queries.

With Best Wishes,

**Mohamed Abdel-fattah & Chris Chapple on behalf of the FUTURE study team**

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