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IMPLEMENTING NEW NMC BLADDER AND BOWEL CARE EDUCATION STANDARDS FOR PRE REGISTERED NURSES

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Background

- The All Party Political Group for continence lobbied the NMC to include Bladder and Bowel care in Pre-registration training modules.
- Many newly qualified nurses are unable to perform, procedures such as urethral and suprapubic catheterisation and did not have bladder bowel care skills (Merrifield, 2017)
- The United Kingdom Continence Society has published Minimum Standards of Continence Care in the UK (2015) to promote awareness and the delivery of high quality continence care. NMC Future Standards of Proficiency for Registered Nurses
- Nursing education was different in the four home nations.
- The new standards were formulated alongside nurses, students, educators, healthcare professionals, charities and patient groups from across the UK for over two years (Harrold, 2018).

Standards of Proficiency for bladder and bowel care

Collection urine and stool sample and how to interpret findings.

Record fluid intake and output and identify, response, and manage dehydration or fluid retention

Observe and assess level of urinary and bowel continence to determine the need for support and intervention. Assisting with toileting, maintaining dignity and privacy and managing the use of appropriate aids.

Select and use appropriate continence products; insert, manage and remove catheters for all genders; and assist with self-catheterisation when required.

Manage bladder drainage

Assess bladder and bowel patterns to identify and respond to constipation, diarrhoea, and urinary and faecal retention.

Administer enemas and suppositories and undertake rectal examination and manual evacuation when required.

The Future all areas of the UK will now need to plan training for pre registered nurses. The proficiencies need to be signed off for the nurse to qualify.

Brent BBS have developed a bespoke course to cover the theory.

References

Angela Rantell, Lucia Dolan, Liz Bonner, Stephanie Knight, Carmel Ramage and Philip Toozs-Hobson Minimum Standards for Continence Care in the UK. Neurology and Urodynamics published on line 2015