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PATIENT EXPERIENCE WITH URODYNAMICS

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Introduction

Multichannel urodynamics (UDS) is a series of interactive tests used to evaluate lower urinary tract dysfunction. Undergoing any medical procedure can be stressful, and patients have reported pain, embarrassment, and general discomfort related to UDS [1]. The aim of our study was to evaluate patient experience with UDS.

Methods

Questionnaires were given to patients attending for UDS in May 2018. They were asked to comment on the amount of information they had prior to the procedure and the overall satisfaction and symptoms during and after the procedure.

Results

Of the 61 patients receiving a questionnaire, 40 patients responded prior to the closing date (response rate of 65.57%).

98% of patients responding said that they were satisfied with the information provided to them prior to their appointment and all of them were given written information. One patient failed to receive a leaflet and said it would have been beneficial to have received one.

Of those responding, 10% felt embarrassed and 13% anxious. 75% reported that they didn't feel any pain. Patients were also asked about the level of discomfort. Results are seen on Table 1.

The majority of the patients (78%) didn't have any post-test after effects. Out of those that had after effects, half of them had to consult their GPs. 98% of the patients reported that the test was in line with their expectations and 85% of the patients felt more informed about their condition following the test.

Conclusion

We documented very low levels of pain, embarrassment and anxiety, as well as high satisfaction with the test. Our results support the continuation of our current practice in our urodynamic unit.

Reference

1. Yeung J et al. Pain and embarrassment associated with urodynamic testing in women. *Int Urogynaecol J.* 2014;25(5):645-50